

# For Miya's Sake

A JDRF Family Walk Team



## Dear Friends and Family,

There are many statistics that we could give you about diabetes and about possible side effects that may help you understand our passion for being involved in the JDRF Walk to Cure Diabetes. The drive behind our passion is the words from our 3-year old daughter, Miya:

- "Do my thumb one." (this is Miya choosing which finger we are poking to check her blood sugar; many times for the 8<sup>th</sup> time that day)
- "Is it day three Mommy." (every 3 days her insulin catheter needs to be changed with a big needle, and this hurts ☹)
- "My tummy hurts." (she usually says this when her blood sugar is too low and she needs more sugar)
- "Please no more owies." (these are the words we hear on the day we change her pump and breaks our heart the most)

Miya turned 3 this year and is beginning to understand more and more about her disease. She told us one day that when she goes to school like Trey and Cole that she won't have diabetes. It breaks our hearts to tell her that without a cure she will have diabetes her entire life.

We are simply parents wanting a better life for our daughter. A life without finger pokes and insulin pump changes and life-changing side effects. The JDRF is working to do just that. We have already benefited by the research they have already done. Just knowing that over 85% of the money we raise will be solely used for research in finding a cure for juvenile diabetes makes us feel good about the financial stewardship of the JDRF.

Now is your chance to make a difference in the life of Miya and the other 18 million Americans who live with diabetes everyday. We are asking you to join us and support the "For Miya's Sake" team. There are many ways you can help:

- **Join the "For Miya's Sake" team:** walk with Miya on September 30<sup>th</sup>, register online at [www.formiyassake.com](http://www.formiyassake.com); collect pledges, get an exclusive "For Miya's Sake" t-shirt, and enjoy a day of fun and exercise. (*to reserve your t-shirt, please let us know by September 14<sup>th</sup> if you are going to walk with our team: \$5 per shirt or free with a \$50 donation*)
- **Support our team:** if you are unable to walk with us, be with us in spirit; make JDRF your choice in contribution this year through the "For Miya's Sake" team; make your check payable to JDRF or donate online with your credit card at [www.formiyassake.com](http://www.formiyassake.com), all donations are tax-deductible.
- **Make a corporate contribution:** For every donation over \$100, "For Miya's Sake" team will proudly add your company's name to the list of sponsors printed on the back of our t-shirts (*to reserve your sponsorship on our t-shirt, please let us know by September 14<sup>th</sup> if you want to sponsor our team*).
- **Pray for Miya's health throughout the years.** "For I know the plans I have for you," declares the LORD, "plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11



We have included envelopes this year to make it easier. Miya will be checking the mailbox everyday for the envelopes with the pink label. Every envelope gets us one step closer to a cure.

If you want to see Miya's 2006 Walk Video, please visit her on the web at [www.formiyassake.com](http://www.formiyassake.com). There you can also read her story and learn more about the JDRF.

Your support means so much to our family.

## THANK YOU

Love in Christ,

Rick, Jennifer, Trey, Cole, and Miya

P.S. Please call or email us if you have any questions.

([jenn@laven.net](mailto:jenn@laven.net) / 616.365.3906)



IF PAYING BY CHECK, PLEASE MAKE YOUR DONATION PAYABLE TO "JDRF" AND RETURN IN THE ENCLOSED ENVELOPE BY Sept. 20<sup>th</sup>